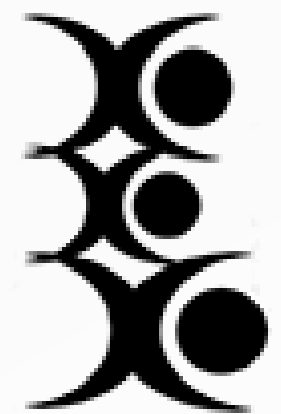


UHRZEIT	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09:00	REHASPORT 09:30 - 10:30	REHASPORT 09:30 - 10:15	REHASPORT 09:30 - 10:15	REHASPORT 09:30 - 10:15	REHASPORT 09:30 - 10:15		
10:00	REHASPORT 10:30 - 11:15	30 MINS REHASPORT 10:30 - 11:00	REHASPORT 10:30 - 11:15	REHASPORT 10:30 - 11:15	REHASPORT 10:30 - 11:15		
11:00	REHASPORT 11:30 - 12:15	30 MINS REHASPORT 11:00 - 11:30	REHASPORT 11:30 - 12:15	REHASPORT 11:30 - 12:15	REHASPORT 11:30 - 12:15		
12:00	REHASPORT 12:30 - 13:15	REHASPORT 12:00 - 12:45	REHASPORT 12:30 - 13:15	REHASPORT 12:30 - 13:00	REHASPORT 12:30 - 13:00		
13:00	REHASPORT 13:30 - 14:15	REHASPORT 13:00 - 13:45		REHASPORT 13:15 - 14:00	REHASPORT 13:15 - 14:00		
14:00	REHASPORT 14:30 - 15:15	REHASPORT 14:00 - 14:45		REHASPORT 14:15 - 15:30	REHA-HOCKER 14:15 - 15:00		
15:00	REHASPORT 15:30 - 16:15				REHASPORT 15:15 - 16:00		
16:00	REHASPORT 16:30 - 17:15	REHASPORT 16:00 - 16:45	REHASPORT 15:45 - 16:15	REHASPORT 15:30 - 16:15			
17:00	REHASPORT 17:30 - 18:15	REHASPORT 17:00 - 17:45	REHASPORT 16:45 - 17:30	REHASPORT 16:30 - 17:15			
18:00	REHASPORT 18:30 - 19:15	REHASPORT 18:00 - 18:45	REHASPORT 17:45 - 18:30	REHASPORT 17:30 - 18:15			
19:00	REHASPORT 19:30 - 20:15	REHASPORT 19:00 - 19:45	REHASPORT 18:45 - 19:30	REHASPORT 18:30 - 19:15			
20:00				ONLINE-TRAINING 18:30 - 19:15			

WOCHENPLAN

Unsere Gruppen teilen sich in verschiedene Intensitätslevel ein



FORUM
STARKE KNOCHEN